

# Metro Indianapolis February 2023 Alzheimer's Association Newsletter

## Caregiver Support Groups

**Avon** - Our Shepherd Lutheran Church 1st Tues of the month, 10 a.m.

**Carmel** - Motion 4 Life Fitness 3rd Fri of the month, 3:30 p.m.

**Carmel** - Prime Life Enrichment Inc. 2nd Wed of the month, 10 a.m.

**Danville** - Hendricks County Senior Services 2nd Thurs of the month, 2pm

**Greenfield** - Hancock Wellness Center - Greenfield 2nd Thurs of the month, 3pm

**Franklin** - Hampton Inn & Suites 2nd Tues of the month at 1:30pm (Respite offered).

**Indianapolis** -- Irvington Presbyterian Church 2nd Tues of the month, 1 p.m.

**Indianapolis Meridian** - second Presbyterian Church 3rd Wed of the month, 1.30pm

**Indianapolis Northside** - Nora Public Library 2nd Wed of the month, 1:30 p.m.

**Indianapolis South** - Indianapolis Public Library, West Perry Branch 2nd Fri of the month, 1:30 p.m.

**Indianapolis South** - Southport United Methodist Church 4th Tues of the month, 7pm

**Indianapolis West** - Ben Davis Christian Church 2nd Wed of the month, 6:30 p.m.

**Lebanon** - Witham Health Services 3rd Tues of the month, 6 p.m.

**Martinsville**- A Senior Retreat 1st Tues of the month, 2:00 p.m (Respite offered).

**Noblesville**-- First United Methodist Church 1st Thurs of the month, 6:30 p.m.

**Shelbyville** - Shelby Senior Services 3rd Tues of the month, 1:30pm

**LGBTQ+ Caregiver Support Group** - virtual 4th Sunday, 8p.m.

**Save The Date - Thursday, February 23rd, 6:30-7:30pm, Chapter and Research Updates ; What the new treatments mean for you and our mission. Guest speaker Dr. Jared R. Brosch, MD. RSVP at [bit.ly/INTLD2023](http://bit.ly/INTLD2023)**

**To register click on the link for each program or call our 24/7 Helpline 800 272 3900. For more virtual programs visit [alz.org/CRF](http://alz.org/CRF)**

## Upcoming Programs...

- [ALZ TALKS: Alzheimer's Treatment Updates](#) - Wednesday, February 8th, 1pm - VIRTUAL
- [10 Warning Signs](#) - Tuesday, February 21st, 5.00pm (ET) - DANVILLE
- [Understanding Alzheimer's and Dementia and "Caregiving and Legal Issues"](#)- Wednesday, February 22nd, 11am (ET) - VIRTUAL
- [Healthy Living For Your Brain](#) - Tuesday, February 14th, 10am (ET) - VIRTUAL

## Save The Date

- [Managing Money](#), Wednesday, March 8th, 11 (ET) - VIRTUAL with speaker Julie Collins, Program Manager, NW Indiana.

On Tuesday, Feb. 7, volunteer advocates will gather at the Statehouse in downtown Indianapolis to meet with legislators and their staff to urge them to create a Dementia Care Specialist Program. Check out House Bill 1422.

Learn more and register [HERE](#)

Can't attend? Then support us from the comfort of your office or home [HERE](#)



Register today for  
**Indiana State Advocacy Day.**

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