

Patient Resources

JWM Neurology Patient Resources

ALS: ALS Association: ALSA.org; Indiana chapter; 317-915-9888

Alzheimer's disease: Alzheimer's Association: ALZ.org; 24/7 Helpline: 800-272-3900; Indiana Chapter Information: <https://www.alz.org/indiana?set=1>

Epilepsy: Epilepsy Foundation: epilepsy.com; Indiana chapter; 800-526-6618

Essential Tremor: International Essential Tremor Foundation: essentialtremor.org

Indiana Drug Card: The Indiana Drug Card helps save on medications and is available to all Indiana residents at absolutely no cost. Visit www.IndianaDrugCard.com to see how much you can save.

Migraines: National Headache Foundation: headaches.org; American Headache Society: americanheadachesociety.org

Multiple Sclerosis: National Multiple Sclerosis Society: nationalmssociety.org; Indiana chapter; 317-870-2500

Myasthenia Gravis: Myasthenia Gravis Foundation of America: myasthenia.org

Parkinson's disease:

- Parkinson's Foundation: parkinson.org; 800-4PD-INFO (473-4636)
- Parkinson's Awareness Assoc. of Central Indiana (PAACI): 317-255-1993
- Rock Steady Boxing: rocksteadyboxing.org; 317-288-7035
- Indiana Parkinson Foundation and The Climb: indianaparkinson.org; 317-550-5648

Stroke: National Stroke Association: stroke.org; American Heart Association: heart.org; Indiana chapter; 317-732-4700; these 2 organizations often work together

Sleep Disorders: American Academy of Sleep Medicine: aasm.org

Smoking Cessation:

- get-quit.com
- 1-800-quit now

Resources & Services for Aging Adults: CICOA Indiana: cicoa.org; 317-254-5465, 800-489-9550