

Support Groups

Avon 1st Tuesday, 10 a.m.
Our Shepherd Lutheran Church

Carmel 3rd Friday, 3:30p.m.
Motion 4 Life Fitness

Carmel 2nd Thursday, 10 a.m..
Prime Life Enrichment Inc.

Danville 2nd Thursday, 2p.m.
Hendricks County Senior Services

Greenfield 2nd Thursday, 3p.m.
Hancock Wellness Center, Greenfield

Franklin 2nd Tuesday, 1:30p.m.,
Hampton Inn & Suites (Respite offered)

Indianapolis 2nd Tuesday, 1p.m.
Irvington Presbyterian Church

Indianapolis Meridian 3rd Wednesday,
1:30p.m. Second Presbyterian
Church

Indianapolis Northside 2nd Wednesday,
1:30p.m. Nora Public Library

Indianapolis Northside Starts Tuesday,
May 2nd 6:30p.m. St Luke's United
Methodist Church

Indianapolis South 4th Tuesday, 7p.m.
Southport United Methodist Church

Indianapolis West 2nd Wednesday,
6:30p.m. Ben Davis Christian Church

Lebanon 3rd Tuesday, 6 p.m.
Witham Health Services

Martinsville 1st Tuesday, 2 p.m.
A Senior Retreat (Respite offered)

Noblesville 1st Thursday, 6:30p.m.
First United Methodist Church

Shelbyville 3rd Tuesday, 1:30 p.m.
Shelby Senior Services

IDD/Down Syndrome with Alzheimer's
Caregiver Support group VIRTUAL 2nd
Monday 7p.m.

LGBTQ+ Caregiver Support Group 4th Sunday,
8p.m.VIRTUAL

Education Programs

Healthy Living For Your Brain and Body
April 8th 10a.m. (ET)
Still Waters

10 Warning Signs
April 10th 4:30p.m. (ET)
Britton Falls

10 Warning Signs
April 12th 10a.m. (ET)
Robin Run Village

Understanding Alzheimer's and Dementia
April 25th 7p.m. (ET)
Chapel West Seventh Day Adventist Church

Caring For Our Own - 3rd Annual Seminar
Showing Up & Showing Out for the LGBTQ+
Community April 21st 10am-1:30pm (ET)
VIRTUAL 3 CEUs

Early Stage Programs

Do you know someone living with MCI or the early stages of Alzheimer's disease? Would they benefit from socialization, education or support? Please consider referring them to our free programs. To be part of the program initial screening is required. Contact Maria Holmes (LCSW) 317 587 2213, mholmes@alz.org

Register for education programs: alz.org/indiana/programs

Register for support groups & receive immediate support:

24/7 Helpline 800.272.3900