

#### Greater Indiana Chapter

## Metro Indy Programs Flier

#### May 2023

## Support Groups

Avon 1st Tuesday, 10 a.m. Our Shepherd Lutheran Church

Carmel 2nd Thursday, 10 a.m.. Prime Life Enrichment Inc.

Danville 2nd Thursday, 2p.m. Hendricks County Senior Services

Greenfield 2nd Thursday, 3p.m. Hancock Wellness Center, Greenfield

Franklin 2nd Tuesday, 1:30p.m, Hampton Inn & Suites (Respite offered)

Indianapolis 2nd Tuesday, 1p.m. Irvington Presbyterian Church

Indianapolis Meridian 3rd Wednesday, 1:30p.m. Second Presbyterian Church

Indianapolis Northside 2nd Wednesday, 1:30p.m. Nora Public Library

Indianapolis Northside 1st Tuesday, d 6:00p.m. St Luke's United Methodist Church

Indianapolis South 4th Tuesday, 7p.m. Southport United Methodist Church

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Indianapolis West 2nd Wednesday, 6:30p.m. Ben Davis Christian Church

Lebanon 3rd Tuesday, 6 p.m. Witham Health Services

Martinsville 1st Tuesday, 2 p.m. A Senior Retreat (Respite offered) Noblesville 1stThursday, 6:30p.m. First United Methodist Church

Shelbyville 3rd Tuesday, 1:30 p.m. Shelby Senior Services

IDD/Down Syndrome with Alzheimer's Caregiver Support group VIRTUAL 2nd Monday 7p.m.

# **Community Forum**

Friday, May 19 | 9 a.m. - 4 p.m. Martin University 2186 N. Sherman Dr | Indianapolis, IN 46218

Attend this conference to share your experience with Alzheimer's Disease and how the Association can best serve you and your community.

## **Early Stage Programs**

Do you know someone living with MCI or the early stages of Alzheimer's disease? Would they benefit from socialization, education or support? Please consider referring them to our free programs. To be part of the program initial screening is required. Contact Maria Holmes (LCSW) 317 587 2213, mholmes@alz.org

# **Education Programs**

Dementia Conversations: Managing Difficult Conversations May 2nd 10am (ET)

<u>Effective Communications Strategies</u> <u>May</u> 11th Noon (ET)

<u>Understanding Behaviors Related To</u> <u>Dementia</u> May 24th Noon (ET)

**Register for education programs: alz.org/indiana/programs** Register for support groups & receive immediate support: 24/7 Helpline 800.272.3900