

### Metro Indy Programs Flier

July 2023

#### **Metro Indy Support Groups**

Avon 1st Tuesday, 10 a.m. Our Shepherd Lutheran Church

Carmel 2nd Thursday, 10 a.m.. Prime Life Enrichment Inc. Danville 2nd Thursday, 2p.m. Hendricks County Senior Services

Greenfield 2nd Thursday, 3p.m. Hancock Wellness Center, Greenfield Franklin 2nd Tuesday, 1:30p.m, Hampton Inn & Suites (Respite offered)

Indianapolis 2nd Tuesday, 1p.m. Irvington Presbyterian Church

Indianapolis Meridian 3rd Wednesday, 1:30p.m. Second Presbyterian Church

Indianapolis Northside 2nd Wednesday, 1:30p.m. Nora Public Library

Indianapolis Northside 1st Tuesday, 6:00p.m. St Luke's United Methodist Church

Indianapolis South 4th Tuesday, 7p.m. Southport United Methodist Church

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Indianapolis West 2nd Wednesday, 6:30p.m. Ben Davis Christian Church Lebanon 3rd Tuesday, 6 p.m. Witham Health Services Martinsville 1st Tuesday, 2 p.m. A Senior Retreat (Respite offered)

Noblesville 1stThursday, 6:30p.m. First United Methodist Church

Shelbyville 3rd Tuesday, 1:30 p.m. Shelby Senior Services

IDD/Down Syndrome with Alzheimer's Caregiver Support group VIRTUAL 2nd Monday 7p.m.

# Get easy access to local support groups and education programs

**PLANSOCIATION** 

**PROGRAMS AND EVENTS** 

www.communityresourcefinder.org

## **Open Virtual Program**

Alzheimer's Association Awareness Tuesday July 25th at 12pm More info and details to come.

#### Did You Know?

Nearly all of our trainings are available online for FREE? training.alz.org - Including Approaching Alzheimer's: First Responder Training



## Health Fair

### **Black & Minority Health Fair**

The 2023 Indiana Black & Minority Health Fair will be held Thursday, July 13 through Sunday, July 16, in Halls J & K at the Indiana Convention Center in Indianapolis. We are in need of volunteers Please register: <a href="https://bit.ly/IBMHF-ALZ">https://bit.ly/IBMHF-ALZ</a>

Register for education programs: alz.org/indiana/programs

Register for support groups & receive immediate support: 24/7 Helpline 800.272.3900